

GOD'S PROMISES FOR A NEW YEAR



Your Guide to
Overcoming
Life's Challenges
in
2024



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God's Promises for a New Year

Your Guide to Overcoming Life's Challenges

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Hope in God's Promises

The Bible is full of promises from God that can help us find hope and strength when we need it most. By clinging to God's promises, we demonstrate our faith in His trustworthiness and loving concern for us.

The author of the book of Hebrews writes,
“Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.” —Hebrews 10:23, NLT

We need hope during difficult times because hope is the promise of good in the future. Hope gives us the strength to face adversity. Hope energizes us to relentlessly expect a solution. This divine hope trusts God to give us his best even though we may not have any idea what that looks like.

“We put our hope in the LORD. He is our help and our shield. In him our hearts rejoice, for we trust in his holy name. Let your unfailing love surround us, LORD, for our hope is in you alone.” —Psalm 33:20–22, NLT

With our focus on God, we trust him to work out our future, confidently believing that he is able and will bring about all that he desires for us. Place your hope in God and his promises for you.

“Let all that I am wait quietly before God, for my hope is in him.”
—Psalm 62:5, NLT

“So do not throw away your confidence, because it has great reward. For you need endurance in order to do God's will and so receive what is promised.”
—Hebrews 10:35–36

“Now may the God of hope fill you with all joy and peace as you believe in him, so that you may abound in hope by the power of the Holy Spirit.”
—Romans 15:13, NIV

The Promise Maker

A promise is only as good as the character and capability of the promise maker. Think about who God is when you consider his promises to you.

God can do anything because he has limitless abilities. He is present everywhere, he sees everything, and can intervene anywhere he wants. He knows everything, which means he has all the facts with which to make the right choices. And because he is all-powerful, he has the ability to accomplish whatever is necessary to fulfill those promises.

Fortunately, all those abilities reside within our God who is holy—and that means what he does will always be right and just. What he says is true and what he promises will be fulfilled.

The best news of all is that this amazing God cares about you. He is merciful and forgiving even when you disobey him. He is faithful to always look out for you and your best interests even though it might not appear that way at first. He is totally committed to your ultimate good and well-being. And he never changes!

Our God specializes in doing the impossible for his children and he wants us to marvel as we watch him work in our lives.

The Promise Keeper

God loves you. Fill your mind with his promises and your heart with the conviction of his faithfulness. Take a moment to read through the following promises in sequence.

- Trust God for His Perfect Plan

“‘For I know what I have planned for you,’ says the Lord. ‘I have plans to prosper you, not to harm you. I have plans to give you a future filled with hope. When you call out to me and come to me in prayer, I will hear your prayers.’” —Jeremiah 29:11–12

“Now without faith it is impossible to please him, for the one who approaches God must believe that he exists and that he rewards those who seek him.”
—Hebrews 11:6

“... for we live by faith, not by sight.” —2 Corinthians 5:7

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”
—Proverbs 3:5–6

“A person plans his course, but the Lord directs his steps.” —Proverbs 16:9

- Tell God Your Concerns

“Pray to me when you are in trouble. I will deliver you, and you will honor me.” —Psalm 50:15

“And God will exalt you in due time, if you humble yourselves under his mighty hand by casting all your cares on him because he cares for you.”
—1 Peter 5:7

- Seek God’s Guidance

“When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.” —John 16:13, NLT

“If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.” —James 1:5, NLT

- Ask God for His Help

“Do not be anxious about anything. Instead, in every situation, through prayer and petition with thanksgiving, tell your requests to God. And the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.” —Philippians 4:6–7

“Throw your burden upon the Lord, and he will sustain you. He will never allow the godly to be upended.” —Psalm 55:22

“Ask and it will be given to you; seek and you will find; knock and the door will be opened for you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks, the door will be opened.”
—Matthew 7:7–8

“If you remain in me and my words remain in you, ask whatever you want, and it will be done for you.” —John 15:7

- Believe God for His Deliverance

“The angel of the Lord encamps around those who fear him, and he delivers them.” —Psalm 34:7

“The Lord is near the brokenhearted; he delivers those who are discouraged.” —Psalm 34:18

“Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.” —Deuteronomy 31:6

“But the Lord is faithful, and he will strengthen you and protect you from the evil one.” —2 Thessalonians 3:3

- Thank God for the Victory

“And we know that all things work together for good for those who love God, who are called according to his purpose.” —Romans 8:28

“For I can do everything through Christ, who gives me strength.” —Philippians 4:13

“Now to him who by the power that is working within us is able to do far beyond all that we ask or think, to him be the glory in the church and in Christ Jesus to all generations, forever and ever. Amen.” —Ephesians 3:20–21

Categories of Promises

There are thousands of promises in the Bible that relate to needs you might have. We have grouped Bible promises into categories based on your need. [This is not an exhaustive list of God’s promises.](#) As you read God’s word, you will find many more.

- Promises for Your Situation

What are the circumstances that most occupy your thinking?

- Promises for Your Feelings

What emotions trouble you?

- **Promises for Your Relationships**

What assurances do you need for your relationship with God and family members?

- **Promises for Your Identity**

How does God see you, and how should you alter your self-perception?

- **Promises for Your Future**

What is God's plan for your life?

- **Promises about God's Character**

What does God reveal about himself and the reliability of his promises?

Explore the following categories and discover the special promises God has made in the Bible for all your needs.

Promises for Your Situation

What are the circumstances that most occupy your thinking?

Abandonment

“[God has promised], ‘Never will I leave you; never will I forsake you.’”
—Hebrews 13:5, NIV

“Be strong and courageous! Do not fear or tremble before them, for the LORD your God is the one who is going with you. He will not fail you or abandon you!”
—Deuteronomy 31:6

“The Lord protects those residing outside their native land; he lifts up the fatherless and the widow, but he opposes the wicked.” —Psalm 146:9

“I will not abandon you as orphans, I will come to you.” —John 14:18

“But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love, ...” —Psalm 33:18, NLT

“And remember, I [Jesus] am with you always, to the end of the age.”
—Matthew 28:20

Adversity / Suffering

“Who will separate us from the love of Christ? Will trouble, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written, ‘For your sake we encounter death all day long; we were considered as sheep to be slaughtered.’ No, in all these things we have complete victory through him who loved us!” —Romans 8:35–37

“And we know that all things work together for good for those who love God, who are called according to his purpose, ...” —Romans 8:28

“I have told you these things so that in me you may have peace. In the world you have trouble and suffering, but take courage—I have conquered the world.”
—John 16:33

“For our momentary, light suffering is producing for us an eternal weight of glory far beyond all comparison because we are not looking at what can be seen but at what cannot be seen. For what can be seen is temporary, but what cannot be seen is eternal.” —2 Corinthians 4:17–18

“So if you are suffering according to God’s will, keep on doing what is right, and trust yourself to the God who made you, for He will never fail you.”
—1 Peter 4:19, NLT

“Consequently the Lord provides safety for the oppressed; he provides safety in times of trouble.” —Psalms 9:9

“And, after you have suffered for a little while, the God of all grace who called you to his eternal glory in Christ will himself restore, confirm, strengthen, and establish you.” —1 Peter 5:10

“Not only this, but we also rejoice in sufferings, knowing that suffering produces endurance, and endurance, character, and character, hope. And hope does not disappoint, because the love of God has been poured out in our hearts through the Holy Spirit who was given to us.” —Romans 5:3–5

“And we know that all things work together for good for those who love God, who are called according to his purpose, ...” —Romans 8:28

“Blessed are those who are persecuted for righteousness, for the kingdom of heaven belongs to them.” —Matthew 5:10

“Blessed are the meek, for they will inherit the earth.” —Matthew 5:5

“Blessed are those who mourn, for they will be comforted.” —Matthew 5:4

“The Lord works everything for its own ends—even the wicked for the day of disaster.” —Proverbs 16:4

Awareness of God’s Presence

“Where can I go to escape your Spirit? Where can I flee to escape your presence? If I were to ascend to heaven, you would be there. If I were to sprawl out in Sheol, there you would be.” —Psalm 139:7–8

“You lead me in the path of life; I experience absolute joy in your presence; you always give me sheer delight.” —Psalm 16:11

“And the LORD said, ‘My presence will go with you, and I will give you rest.’” —Exodus 33:14

“But as for me, God’s presence is all I need. I have made the sovereign Lord my shelter, as I declare all the things you have done.” —Psalm 73:28

“But I am continually with you; you hold my right hand. You guide me by your wise advice, and then you will lead me to a position of honor.” —Psalm 73:23–24

“For where two or three are assembled in my name, I [Jesus] am there among them.” —Matthew 18:20

“And remember, I [Jesus] am with you always, to the end of the age.” —Matthew 28:20b

Condemnation / Accusations

“The one who believes in him is not condemned. The one who does not believe has been condemned already, because he has not believed in the name of the one and only Son of God.” —John 3:18

“There is therefore now no condemnation for those who are in Christ Jesus.” —Romans 8:1

“For the LORD vindicates his people, and has compassion on his servants.” —Psalm 135:14

“‘No weapon forged to be used against you will succeed; you will refute everyone who tries to accuse you. This is what the Lord will do for his servants—I will vindicate them,’ says the LORD.” —Isaiah 54:17

“The LORD gives righteousness and justice to all who are treated unfairly.” —Psalm 103:6, NLT

Decision-making / Guidance

“Call on me in prayer and I will answer you. I will show you great and mysterious things which you still do not know about.” —Jeremiah 33:3

“A person plans his course, but the Lord directs his steps.” —Proverbs 16:9

“For God, our God, is our defender forever. He guides us.” —Psalm 48:14

“You chart the path ahead of me and tell me where to stop and rest. Every moment You know where I am. You know what I am going to say even before I say it, LORD. You both precede and follow me. You place Your hand of blessing on my head. Such knowledge is too wonderful for me, too great for me to know!” —Psalm 139:3–6, NLT

“But when he, the Spirit of truth, comes, he will guide you into all truth. For he will not speak on his own authority, but will speak whatever he hears, and will tell you what is to come.” —John 16:13

“He stores up effective counsel for the upright, and is like a shield for those who live with integrity, ...” —Proverbs 2:7

“Now we have not received the spirit of the world, but the Spirit who is from God, so that we may know the things that are freely given to us by God.” —Corinthians 2:12

“Now as for you, the anointing that you received from him resides in you, and you have no need for anyone to teach you. But as his anointing teaches you about all things, it is true and is not a lie. Just as it has taught you, you reside in him.” —1 John 2:27

“This is what the LORD, your protector, says, the Holy One of Israel: “I am the LORD your God, who teaches you how to succeed, who leads you in the way you should go.” —Isaiah 48:17

“I will lead the blind along an unfamiliar way; I will guide them down paths they have never traveled. I will turn the darkness in front of them into light, and level out the rough ground. This is what I will do for them. I will not abandon them.” —Isaiah 42:16

“Trust in the LORD with all your heart, and do not rely on your own understanding. Acknowledge him in all your ways, and he will make your paths straight.” —Proverbs 3:5–6

“Because of our God’s tender mercy the dawn will break upon us from on high to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace.” —Luke 1:78–79

“I will instruct and teach you about how you should live. I will advise you as I look you in the eye.” —Psalm 32:8

“When you walk about, they will guide you; when you lie down, they will watch over you; when you wake up, they will talk to you. For the commandments are like a lamp, instruction is like a light, and rebukes of discipline are like the road leading to life, ...” —Proverbs 6:22–23

“In the darkness a light shines for the godly, for each one who is merciful, compassionate, and just.” —Psalm 112:4

Deliverance / Protection

“The LORD’s angel camps around the LORD’s loyal followers and delivers them.” —Psalm 34:7

“Do not be afraid of sudden disaster, or when destruction overtakes the wicked; for the Lord will be the source of your confidence, and he will guard your foot from being caught in a trap.” —Proverbs 3:25–26

“The Lord your God is in your midst; he is a warrior who can deliver. He takes great delight in you; he renews you by his love; he shouts for joy over you.” —Zephaniah 3:17

“As for you, the one who lives in the shelter of the Most High and resides in the protective shadow of the Sovereign One—I say this about the LORD, my shelter and my stronghold, my God in whom I trust—he will certainly rescue you from the snare of the hunter and from the destructive plague.” —Psalm 91:1–3

“Whoever presents a thank-offering honors me. To whoever obeys my commands, I will reveal my power to deliver.” —Psalm 50:23

“The LORD says, ‘Because he is devoted to me, I will deliver him; I will protect him because he is loyal to me.’” —Psalm 91:14

“You who love the Lord, hate evil! He protects the lives of his faithful followers; he delivers them from the power of the wicked.” —Psalm 97:10

“Let me again experience the joy of your deliverance! Sustain me by giving me the desire to obey!” —Psalm 51:12

“He delivered us from so great a risk of death, and he will deliver us. We have set our hope on him that he will deliver us yet again.” —2 Corinthians 1:10

“How great is your favor, which you store up for your loyal followers! In plain sight of everyone you bestow it on those who take shelter in you. You hide them with you, where they are safe from the attacks of men; you conceal them in a shelter, where they are safe from slanderous attacks.” —Psalm 31:19–20

“‘Do not be afraid of those to whom I send you, for I will be with you to protect you,’ says the LORD.” —Jeremiah 1:8

“When you pass through the waters, I am with you; when you pass through the streams, they will not overwhelm you. When you walk through the fire, you will not be burned; the flames will not harm you.” —Isaiah 43:2

“The LORD is near all who cry out to him, all who cry out to him sincerely. He satisfies the desire of his loyal followers; he hears their cry for help and delivers them.” —Psalm 145:18–19

“The Lord will deliver me from every evil deed and will bring me safely into his heavenly kingdom. To him be glory for ever and ever! Amen.”
—2 Timothy 4:18

“God is our strong refuge; he is truly our helper in times of trouble. For this reason we do not fear when the earth shakes, and the mountains tumble into the depths of the sea, ...” —Psalm 46:1–2

“I will lie down and sleep peacefully, for you, LORD, make me safe and secure.”
—Psalm 4:8

“Consequently the LORD provides safety for the oppressed; he provides safety in times of trouble.” —Psalm 9:9

“He will surely give me shelter in the day of danger; he will hide me in his home; he will place me on an inaccessible rocky summit.” —Psalm 27:5

“The Lord is good— indeed, he is a fortress in time of distress, and he protects those who seek refuge in him.” —Nahum 1:7

“He frustrates the plans of the crafty so that their hands cannot accomplish what they had planned.” —Job 5:12

“The Lord will fight for you, and you can be still.” —Exodus 14:14

“The Lord will protect you from all harm; he will protect your life.”
—Psalm 121:7

The name of the Lord is like a strong tower; the righteous person runs to it and is set safely on high.” —Proverbs 18:10

“For the LORD God is our sovereign protector. The LORD bestows favor and honor; he withholds no good thing from those who have integrity. O LORD of Heaven’s Armies, how blessed are those who trust in you!”
—Psalm 84:11–12

“He will rescue me and protect me from those who attack me, even though they greatly outnumber me.” —Psalm 55:18

“The LORD keeps you from all evil and preserves your life. The LORD keeps watch over you as you come and go, both now and forever.”
—Psalm 121:7–8, NLT

“You are my hiding place and my shield. I find hope in your word.”
—Psalm 119:114

“Into your hand I entrust my life; you will rescue me, O Lord, the faithful God.”
—Psalm 31:5

“Even when I must walk in the midst of danger, you revive me. You oppose my angry enemies, and your right hand delivers me.” —Psalm 138:7

“For you have delivered me from death and my feet from stumbling, that I may walk before God in the light of life.” —Psalm 56:13

“I am not asking you to take them out of the world, but that you keep them safe from the evil one.” —John 17:15

Dreams / Desires

“Humble yourselves before the Lord and he will exalt you.” —James 4:10

“Commit your works to the Lord, and your plans will be established.”
—Proverbs 16:3

“This is what the Lord, your protector, says, the Holy One of Israel: ‘I am the Lord your God, who teaches you how to succeed, who leads you in the way you should go.’” —Isaiah 48:17

“I will instruct and teach you about how you should live. I will advise you as I look you in the eye.” —Psalm 32:8

“Trust in the LORD and do good. Then you will live safely in the land and prosper. Take delight in the LORD, and He will give you your heart’s desires. Commit everything you do to the LORD. Trust Him, and He will help you...”
—Psalm 37:3–7, NLT

“The faithful person will be richly blessed, but the one who is eager to get rich will not go unpunished.” —Proverbs 28:20

“The appetite of the sluggard craves but gets nothing, but the desire of the diligent will be abundantly satisfied.” —Proverbs 13:4

“The LORD grants success to the one whose behavior he finds commendable. Even if he trips, he will not fall headlong, for the LORD holds his hand.”
—Psalm 37:23–24

“My blessing is on those people who trust in me, who put their confidence in me.” —Jeremiah 17:7

“You open Your hand and satisfy the desire of every living thing.”
—Psalm 145:16, HCSB

“Commit your works to the Lord, and your plans will be established.”
—Proverbs 16:3

Finances / Provision

“He will listen to the prayers of the destitute. He will not reject their pleas.”
—Psalm 102:17, NLT

“And my God will supply your every need according to his glorious riches in Christ Jesus.” —Philippians 4:19

“All generous giving and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or the slightest hint of change.” —James 1:17

“My blessing is on those people who trust in me, who put their confidence in me. They will be like a tree planted near a stream whose roots spread out toward the water. It has nothing to fear when the heat comes. Its leaves are always green. It has no need to be concerned in a year of drought. It does not stop bearing fruit.” —Jeremiah 17:7–8

“The LORD is my shepherd, I lack nothing. He takes me to lush pastures; he leads me to refreshing water. He restores my strength. He leads me down the right paths for the sake of his reputation.” —Psalm 23:1–3

“Therefore I tell you, do not worry about your life, what you will eat or drink, or about your body, what you will wear. Isn’t there more to life than food and more to the body than clothing? Look at the birds in the sky: They do not sow, or reap, or gather into barns, yet your heavenly Father feeds them. Aren’t you more valuable than they are? And which of you by worrying can add even one hour to his life? Why do you worry about clothing? Think about how the flowers of the field grow; they do not work or spin. Yet I tell you that not even Solomon in all his glory was clothed like one of these! And if this is how God clothes the wild grass, which is here today and tomorrow is tossed into the fire to heat the oven, won’t he clothe you even more, you people of little faith? So then, don’t worry saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For the unconverted pursue these things, and your heavenly Father knows that you need them. But above all pursue his kingdom and righteousness, and all these things will be given to you as well. So then,

do not worry about tomorrow, for tomorrow will worry about itself. Today has enough trouble of its own.” —Matthew 6:25–34

“Throw your burden upon the Lord, and he will sustain you. He will never allow the godly to be upended.” —Psalm 55:22

“Surely God is my help; the Lord is the one who sustains me.” —Psalm 54:4

“All eyes look to You for help; You give them their food as they need it. When You open Your hand, You satisfy the hunger and thirst of every living thing.” —Psalm 145:15–16, NLT

“How blessed is every one of the Lord’s loyal followers, each one who keeps his commands! You will eat what you worked so hard to grow. You will be blessed and secure.” —Psalm 128:1–2

“I am the Lord your God, who brought you up from the land of Egypt. Open your mouth wide, and I will fill it with good things.” —Psalm 81:10

“Let them give thanks to the LORD for his loyal love, and for the amazing things he has done for people! For he has satisfied those who thirst, and those who hunger he has filled with food.” —Psalm 107:8–9

“Even young lions sometimes lack food and are hungry, but those who seek the LORD lack no good thing.” —Psalm 34:10

“You open your hand, and fill every living thing with the food they desire... He satisfies the desire of his loyal followers; he hears their cry for help and delivers them.” —Psalm 145:16, 19

“The one true God acts in a faithful manner; the Lord’s promise is reliable; he is a shield to all who take shelter in him.” —Psalm 18:30

“I will fully satisfy the needs of those who are weary and fully refresh the souls of those who are faint.” —Jeremiah 31:25

Godly Living

“As we know Jesus better, his divine power gives us everything we need for living a godly life.” —2 Peter 1:3, NLT

“Pray that you will begin to understand the incredible greatness of his power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God’s right hand in the heavenly realms.” —Ephesians 1:19–20, NLT

“But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and will cause you to remember everything I said to you.” —John 14:26

“Then Jesus said to those Judeans who had believed him, ‘If you continue to follow my teaching, you are really my disciples.’” —John 8:31

“For everyone who exalts himself will be humbled, but he who humbles himself will be exalted.” —Luke 18:14b

“And he said to them, ‘Take care about what you hear. The measure you use will be the measure you receive, and more will be added to you.’”
—Mark 4:24

“Then Jesus spoke out again, ‘I am the light of the world. The one who follows me will never walk in darkness, but will have the light of life.’” —John 8:12

“Rely on the Lord! Obey his commands! Then he will permit you to possess the land; you will see the demise of evil men.” —Psalm 37:34

“Realize that the Lord shows the godly special favor; the Lord responds when I cry out to him.” —Psalm 4:3

“The reward for humility and fearing the Lord is riches and honor and life.”
— Proverbs 22:4

“Blessed are the merciful, for they will be shown mercy.” —Matthew 5:7

“Blessed are the pure in heart, for they will see God.” —Matthew 5:8

“Blessed are the peacemakers, for they will be called the children of God.”
—Matthew 5:9

Obedience

“So obey God because you are his children. Don’t slip back into your old ways of doing evil; you didn’t know any better then. But now you must be holy in everything you do, just as God—who chose you to be his children—is holy. For he himself has said, ‘You must be holy because I am holy.’”
—1 Peter 1:14–16, NLT

“Jesus said, ‘Those who obey my commandments are the ones who love me. And because they love me, my Father will love them, and I will love them. And I will reveal myself to each one of them.’” —John 14:21, NLT

“Blessed are those who hunger and thirst for righteousness, for they will be satisfied.” —Matthew 5:6

“I will give them one heart and I will put a new spirit within them; I will remove the hearts of stone from their bodies and I will give them tender hearts, so that they may follow my statutes and observe my regulations and carry them out. Then they will be my people, and I will be their God.”
—Ezekiel 11:19–20

“How blessed is every one of the Lord’s loyal followers, each one who keeps his commands. You will be blessed and secure.” —Psalm 128:1–2

“Honor your father and mother just as the Lord your God has commanded you to do, so that your days may be extended and that it may go well with you in the land that he is about to give you.” —Deuteronomy 5:16

“You are truly my disciples if you keep obeying my teachings. And you will know the truth, and the truth will set you free.” —John 8:31–32, NLT

“Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with scoffers. But they delight in doing everything the LORD wants; day and night they think about his law. They are like trees planted along the riverbank, bearing fruit each season without fail. Their leaves never wither, and in all they do, they prosper. For the LORD watches over the path of the godly, but the path of the wicked leads to destruction.” —Psalm 1:1–3,6, NLT

“But he replied, ‘Blessed rather are those who hear the word of God and obey it!’”
—Luke 11:28

“And those who are peacemakers will plant seeds of peace and reap a harvest of righteousness.” —James 3:18, NLT

“Those who have done good will rise to eternal life, and those who have continued in evil will rise to judgment.” —John 5:29, NLT

“I have hidden your word in my heart, that I might not sin against you.”
—Psalm 119:11, NLT

“I long to obey your commandments! Renew my life with your goodness.”
—Psalm 119:40, NLT

“And what you learned and received and heard and saw in me, do these things. And the God of peace will be with you.” —Philippians 4:9

“Then at last everyone will say, ‘There truly is a reward for those who live for God; surely there is a God who judges justly here on earth.’” —Psalm 58:11, NLT

Prayer Needs

“You did not choose me, but I chose you and appointed you to go and bear fruit, fruit that remains, so that whatever you ask the Father in my name he will give you.” —John 15:16

But if anyone is deficient in wisdom, he should ask God, who gives to all generously and without reprimand, and it will be given to him.” —James 1:5

“In the same way, the Spirit helps us in our weakness, for we do not know how we should pray, but the Spirit himself intercedes for us with inexpressible groanings. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes on behalf of the saints according to God’s will.” —Romans 8:26–27

“If you remain in me and my words remain in you, ask whatever you want, and it will be done for you.” —John 15:7

“When you pray, do not babble repetitiously like the Gentiles, because they think that by their many words they will be heard. Do not be like them, for your Father knows what you need before you ask him.” —Matthew 6:7–8

“For the eyes of the Lord are upon the righteous and his ears are open to their prayer. But the Lord’s face is against those who do evil.” —1 Peter 3:12

“Dear friends, if our conscience does not condemn us, we have confidence in the presence of God, and whatever we ask we receive from him, because we keep his commandments and do the things that are pleasing to him.”
—1 John 3:21–22

“So I tell you: Ask, and it will be given to you; seek, and you will find; knock, and the door will be opened for you.” —Luke 11:9

“Then you will take delight in the Lord, and he will answer your prayers.”
—Psalm 37:4

“And this is the confidence that we have before him: that whenever we ask anything according to his will, he hears us.” —1 John 5:1

“And whatever you ask in prayer, if you believe, you will receive.”
—Matthew 21:22

Salvation / Justification

“For this is the way God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. For God did not send his Son into the world to condemn the world, but that the world should be saved through him. The one who believes in him is not condemned. The one who does not believe has been condemned already, because he has not believed in the name of the one and only Son of God.” —John 3:16–18

“I tell you the solemn truth, the one who hears my message and believes the one who sent me has eternal life and will not be condemned, but has crossed over from death to life.” —John 5:24

“...because if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the

heart one believes and thus has righteousness and with the mouth one confesses and thus has salvation.” —Romans 10: 9–10

“For by grace you are saved through faith, and this is not from yourselves, it is the gift of God; it is not from works, so that no one can boast.” —Ephesians 2:8–9

“But they are justified freely by his grace through the redemption that is in Christ Jesus.” —Romans 3:24

“So he is able to save completely those who come to God through him, because he always lives to intercede for them.” —Hebrews 7:25

“And there is salvation in no one else, for there is no other name under heaven given among people by which we must be saved.” —Acts 4:12

“... he saved us, not by works of righteousness that we have done but on the basis of his mercy, through the washing of the new birth and the renewing of the Holy Spirit, ...” —Titus 3:5

“Therefore, since we have been declared righteous by faith, we have peace with God through our Lord Jesus Christ, ...” —Romans 5:1

“We are made right in God’s sight when we trust in Jesus Christ to take away our sins. And we all can be saved in this same way, no matter who we are or what we have done. For all have sinned; all fall short of God’s glorious standard. Yet now God in his gracious kindness declares us not guilty. He has done this through Christ Jesus, who has freed us by taking away our sins. For God sent Jesus to take the punishment for our sins and to satisfy God’s anger against us. We are made right with God when we believe that Jesus shed his blood, sacrificing his life for us.” —Romans 3:22–25, NLT

“Much more then, because we have now been declared righteous by his blood, we will be saved through him from God’s wrath.” —Romans 5:9

“... yet we know that no one is justified by the works of the law but by the faithfulness of Jesus Christ. And we have come to believe in Christ Jesus, so that we may be justified by the faithfulness of Christ and not by the works of the law, because by the works of the law no one will be justified.”
—Galatians 2:16

“He personally carried away our sins in his own body on the cross so we can be dead to sin and live for what is right.” —1 Peter 2:24, NLT

“May you always be filled with the fruit of your salvation—those good things that are produced in your life by Jesus Christ—for this will bring much glory and praise to God.” —Philippians 1:11, NLT

“Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he gave us new birth into a living hope through the resurrection of Jesus Christ from the dead, ...” —1 Peter 1:3

Sanctification / Transformation

“For I am sure of this very thing, that the one who began a good work in you will perfect it until the day of Christ Jesus.” —Philippians 1:6

“And so we too constantly thank God that when you received God’s message that you heard from us, you accepted it not as a human message, but as it truly is, God’s message, which is at work among you who believe.”
—1 Thessalonians 2:13

“For I am sure of this very thing, that the one who began a good work in you will perfect it until the day of Christ Jesus.” —Philippians 1:6

“Throw off your old evil nature and your former way of life, which is rotten through and through, full of lust and deception. Instead, there must be a spiritual renewal of your thoughts and attitudes. You must display a new nature because you are a new person, created in God’s likeness—righteous, holy, and true.” —Ephesians 4:22-24, NLT

Sickness / Disease

“Heal me, Lord, and I will be healed! Save me and I will be saved, for you are the one I praise!” —Jeremiah 17:14

“Praise the Lord, O my soul! Do not forget all his kind deeds! He is the one who forgives all your sins, who heals all your diseases.” —Psalm 103:2-3

“The Lord supports him on his sickbed; you completely heal him from his illness.”
—Psalm 41:3

“Sustain me as you promised, so that I will live. Do not disappoint me!”
—Psalm 119:116

“But he said to me, ‘My grace is enough for you, for my power is made perfect in weakness.’ So then, I will boast most gladly about my weaknesses, so that the power of Christ may reside in me.” —2 Corinthians 12:9

“A person’s spirit sustains him through sickness— but who can bear a crushed spirit?” —Proverbs 18:14

“Do not be wise in your own estimation; fear the Lord and turn away from evil. This will bring healing to your body, and refreshment to your inner self.”
—Proverbs 3:7-8

“My child, pay attention to my words; listen attentively to my sayings. Do not let them depart from your sight, guard them within your heart; for they are life to those who find them and healing to one’s entire body.”
—Proverbs 4:20-22

“O sovereign master, your decrees can give men life; may years of life be restored to me. Restore my health and preserve my life.” —Isaiah 38:16

“Speaking recklessly is like the thrusts of a sword, but the words of the wise bring healing.” —Proverbs 12:18

“But he lifted up our illnesses, he carried our pain; even though we thought he was being punished, attacked by God, and afflicted for something he had done. He was wounded because of our rebellious deeds, crushed because of our sins; he endured punishment that made us well; because of his wounds we have been healed.” —Isaiah 53:4-5

“Look, I will bring it healing and cure. I will heal them and reveal to them the abundance of peace and faithfulness that I will provide.” —Jeremiah 33:6

“Come on! Let’s return to the Lord! He himself has torn us to pieces, but he will heal us! He has injured us, but he will bandage our wounds!” —Hosea 6:1

“But consider the joy of those corrected by God! Do not despise the discipline of the Almighty when you sin. For though he wounds, he also bandages. He strikes, but his hands also heal.” —Job 5:17-18

“He said, ‘If you will diligently obey the Lord your God, and do what is right in his sight, and pay attention to his commandments, and keep all his statutes, then all the diseases that I brought on the Egyptians I will not bring on you, for I, the Lord, am your healer.’” —Exodus 15:26

“Is anyone among you ill? He should summon the elders of the church, and they should pray for him and anoint him with oil in the name of the Lord. And the prayer of faith will save the one who is sick and the Lord will raise him up—and if he has committed sins, he will be forgiven. So confess your sins to one another and pray for one another so that you may be healed. The prayer of a righteous person has great effectiveness.” —James 5:14–16

“O Lord my God, I cried out to you and you healed me. O Lord, you pulled me up from Sheol; you rescued me from among those descending into the grave.” —Psalm 30:2–3

Sin / Disobedience

“For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.” —Romans 8:13, NIV

“I was angry because of their sinful greed; I attacked them and angrily rejected them, yet they remained disobedient and stubborn. I have seen their behavior, but I will heal them. I will lead them, and I will provide comfort to them and those who mourn with them. I am the one who gives them reason to celebrate. Complete prosperity is available both to those who are far away and those who are nearby, says the Lord, and I will heal them.” —Isaiah 57:17–19

“For we do not have a high priest incapable of sympathizing with our weaknesses, but one who has been tempted in every way just as we are, yet without sin. Therefore let us confidently approach the throne of grace to receive mercy and find grace whenever we need help.” —Hebrews 4:15–16

“If my people, who belong to me, humble themselves, pray, seek to please me, and repudiate their sinful practices, then I will respond from heaven, forgive their sin, and heal their land.” —2 Chronicles 7:14

“So confess your sins to one another and pray for one another so that you may be healed. The prayer of a righteous person has great effectiveness.” —James 5:16

“As we wait for the happy fulfillment of our hope in the glorious appearing of our great God and Savior, Jesus Christ. He gave himself for us to set us free from every kind of lawlessness and to purify for himself a people who are truly his, who are eager to do good.” —Titus 2:13–14

“My dear children, I am writing this to you so that you will not sin. But if anyone does sin, we have an advocate who pleads our case before the Father. He is Jesus Christ, the one who is truly righteous.” —1 John 2:1, NLT

“But if we confess our sins, he is faithful and righteous, forgiving us our sins and cleansing us from all unrighteousness.” —1 John 1:9

“But now, freed from sin and enslaved to God, you have your benefit leading to sanctification, and the end is eternal life.” —Romans 6:22

Speaking God’s Words

“Whenever they hand you over for trial, do not worry about how to speak or what to say, for what you should say will be given to you at that time. For it is not you speaking, but the Spirit of your Father speaking through you.”
—Matthew 10:19–20

“For I will give you the words along with the wisdom that none of your adversaries will be able to withstand or contradict.” —Luke 21:15

“So now go, and I will be with your mouth and will teach you what you must say.” —Exodus 4:12

“The Sovereign LORD has given me the capacity to be his spokesman, so that I know how to help the weary. He wakes me up every morning; he makes me alert so I can listen attentively as disciples do.” —Isaiah 50:4

Spiritual Warfare

“Clothe yourselves with the full armor of God, so that you will be able to stand against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world rulers of this darkness, against the spiritual forces of evil in the heavens.”
—Ephesians 6:11–12

“For though we live as human beings, we do not wage war according to human standards, for the weapons of our warfare are not human weapons, but are made powerful by God for tearing down strongholds. We tear down arguments and every arrogant obstacle that is raised up against the knowledge of God, and we take every thought captive to make it obey Christ.” —2 Corinthians 10:3–5

“No weapon forged to be used against you will succeed; you will refute everyone who tries to accuse you. This is what the Lord will do for his servants—I will vindicate them,” says the Lord.” —Isaiah 54:17

“So submit to God. But resist the devil and he will flee from you.” —James 4:7

“Look, I have given you authority to tread on snakes and scorpions and on the full force of the enemy, and nothing will hurt you.” —Luke 10:19

“I tell you the truth, whatever you bind on earth will have been bound in heaven, and whatever you release on earth will have been released in heaven. Again, I tell you the truth, if two of you on earth agree about whatever you ask, my Father in heaven will do it for you. For where two or three are assembled in my name, I am there among them.” —Matthew 18:18–20

“For this reason, take up the full armor of God so that you may be able to stand your ground on the evil day, and having done everything, to stand. Stand firm therefore, by fastening the belt of truth around your waist, by putting on the breastplate of righteousness, by fitting your feet with the preparation that comes from the good news of peace, and in all of this, by taking up the shield of faith with which you can extinguish all the flaming arrows of the evil one. And take the helmet of salvation and the sword of the Spirit (which is the word of God). With every prayer and petition, pray at all times in the Spirit, and to this end be alert, with all perseverance and petitions for all the saints.” —Ephesians 6:13–18

“No, in all these things we have complete victory through him who loved us!” —Romans 8:37

“... because everyone who has been fathered by God conquers the world. This is the conquering power that has conquered the world: our faith. Now who is the person who has conquered the world except the one who believes that Jesus is the Son of God?” —1 John 5:4–5

The Poor and Oppressed

“Blessed are the merciful, for they will be shown mercy.” —Matthew 5:7

“You must actively help the hungry and feed the oppressed. Then your light will dispel the darkness, and your darkness will be transformed into noonday.”
—Isaiah 58:10

“And whoever gives only a cup of cold water to one of these little ones in the name of a disciple, I tell you the truth, he will never lose his reward.”
—Matthew 10:42

“For the LORD listens to the needy; he does not despise his captive people.”
—Psalm 69:33

“The Lord lifts up the oppressed, but knocks the wicked to the ground.”
—Psalm 147:6

Trials / Discipline

“Now all discipline seems painful at the time, not joyful. But later it produces the fruit of peace and righteousness for those trained by it.”
—Hebrews 12:11

“Happy is the one who endures testing, because when he has proven to be genuine, he will receive the crown of life that God promised to those who love him.” —James 1:12

“No trial has overtaken you that is not faced by others. And God is faithful: He will not let you be tried beyond what you are able to bear, but with the trial will also provide a way out so that you may be able to endure it.”
—1 Corinthians 10:13

“My brothers and sisters, consider it nothing but joy when you fall into all sorts of trials, because you know that the testing of your faith produces endurance.” —James 1:2–3

“Not only this, but we also rejoice in sufferings, knowing that suffering produces endurance, and endurance, character, and character, hope.”
—Romans 5:3–4

“Even when I must walk through the darkest valley, I fear no danger, for you are with me; your rod and your staff reassure me.” —Psalm 23:4

“But he said to me, “My grace is enough for you, for my power is made perfect in weakness.” So then, I will boast most gladly about my weaknesses, so that the power of Christ may reside in me.” —2 Corinthians 12:9

“This brings you great joy, although you may have to suffer for a short time in various trials. Such trials show the proven character of your faith, which is much more valuable than gold—gold that is tested by fire, even though it is passing away—and will bring praise and glory and honor when Jesus Christ is revealed.” —1 Peter 1:6–7

“The righteous person faces many troubles, but the Lord comes to the rescue each time.” — Psalm 34:19

“Always rejoice, constantly pray, in everything give thanks. For this is God’s will for you in Christ Jesus.” —1 Thessalonians 5:16–18

“Blessed is the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our troubles so that we may be able to comfort those experiencing any trouble with the comfort with which we ourselves are comforted by God.” —2 Corinthians 1:3–4

“Dear friends, do not be astonished that a trial by fire is occurring among you, as though something strange were happening to you. But rejoice in the degree that you have shared in the sufferings of Christ, so that when his glory is revealed you may also rejoice and be glad.” —1 Peter 4:12–13

“So the Lord knows how to rescue the godly from their trials, and to reserve the unrighteous for punishment at the day of judgment, ...” —2 Peter 2:9

“Blessed are those who are persecuted for righteousness, for the kingdom of heaven belongs to them. Blessed are you when people insult you and persecute you and say all kinds of evil things about you falsely on account of me. Rejoice and be glad because your reward is great in heaven, for they persecuted the prophets before you in the same way.” —Matthew 5:10–12

Weakness / Weariness

“But he said to me, ‘My grace is enough for you, for my power is made perfect in weakness.’ So then, I will boast most gladly about my weaknesses, so that the power of Christ may reside in me.” —2 Corinthians 12:9

“Throw your burden upon the LORD, and he will sustain you. He will never allow the godly to be shaken.” —Psalm 55:22

“I will fully satisfy the needs of those who are weary and fully refresh the souls of those who are faint.” —Jeremiah 31:25

“Therefore we do not despair, but even if our physical body is wearing away, our inner person is being renewed day by day. For our momentary, light suffering is producing for us an eternal weight of glory far beyond all comparison.” —2 Corinthians 4:16–17

“Those who wait on the LORD will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint.” —Isaiah 40:31, NLT

“I will fully satisfy the needs of those who are weary and fully refresh the souls of those who are faint.” —Jeremiah 31:25

“I am able to do all things through the one who strengthens me.”
—Philippians 4:13

“He will also strengthen you to the end, so that you will be blameless on the day of our Lord Jesus Christ.” —1 Corinthians 1:8

Worship

“Come, let us worship and bow down. Let us kneel before the LORD our maker, for he is our God. We are the people he watches over, the sheep under his care.” —Psalm 95:6–7, NLT

“God is spirit, and the people who worship him must worship in spirit and truth.”
—John 4:24

“He is the one you should praise; he is your God, the one who has done these great and awesome things for you that you have seen with your own eyes.”
—Deuteronomy 10:21

“O Lord, you are great, mighty, majestic, magnificent, glorious, and sovereign over all the sky and earth! You have dominion and exalt yourself as the ruler of all.” —1 Chronicles 29:11

“O Lord, you are my God! I will exalt you in praise, I will extol your fame. For you have done extraordinary things, and executed plans made long ago exactly as you decreed.” —Isaiah 25:1

“Sing to the Lord, for he has done magnificent things, let this be known throughout the earth!” —Isaiah 12:5

“So since we are receiving an unshakable kingdom, let us give thanks, and through this let us offer worship pleasing to God in devotion and awe.”
—Hebrews 12:28

“Therefore I exhort you, brothers and sisters, by the mercies of God, to present your bodies as a sacrifice—alive, holy, and pleasing to God—which is your reasonable service. Do not be conformed to this present world, but be transformed by the renewing of your mind, so that you may test and approve what is the will of God—what is good and well-pleasing and perfect.”
—Romans 12:1–2

“Give thanks to the Lord, for he is good and his loyal love endures!”
—1 Chronicles 16:34

“Because experiencing your loyal love is better than life itself, my lips will praise you. For this reason I will praise you while I live; in your name I will lift up my hands.” —Psalm 63:3–4

“As a result God highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee will bow—in heaven and on earth and under the earth.” —Philippians 2:9–10

“Now to the eternal king, immortal, invisible, the only God, be honor and glory forever and ever! Amen.” —1 Timothy 1:17

“For from him and through him and to him are all things. To him be glory forever! Amen.” —Romans 11:36

“Now to him who by the power that is working within us is able to do far beyond all that we ask or think, to him be the glory in the church and in Christ Jesus to all generations, forever and ever. Amen.” —Ephesians 3:20-21

Promises for Your Feelings

What emotions trouble you?

Afraid

“For all who are led by the Spirit of God are the sons of God. For you did not receive the spirit of slavery leading again to fear, but you received the Spirit of adoption, by whom we cry, ‘Abba, Father.’” —Romans 8:14–15

“I am holding you by your right hand—I, the LORD your God. And I say to you, ‘Do not be afraid. I am here to help you.’” —Isaiah 41:13, NLT

“Don’t be afraid, for you will not be put to shame! Don’t be intimidated, for you will not be humiliated! You will forget about the shame you experienced in your youth; you will no longer remember the disgrace of your abandonment. For your husband is the one who made you—the Lord of Heaven’s Armies is his name. He is your protector, the Holy One of Israel. He is called God of the entire earth.” —Isaiah 54:4–5

“I know the LORD is always with me. I will not be shaken, for He is right beside me.” —Psalm 16:8, NLT

“Do not be afraid of sudden disaster, or when destruction overtakes the wicked; for the Lord will be the source of your confidence, and he will guard your foot from being caught in a trap.” —Proverbs 3:25–26

“Don’t be afraid, for I am with you! Don’t be frightened, for I am your God! I strengthen you—yes, I help you—yes, I uphold you with my saving right hand!” —Isaiah 41:10

“You will be reestablished when I vindicate you. You will not experience oppression; indeed, you will not be afraid. You will not be terrified, for nothing frightening will come near you.” —Isaiah 54:14

“So we can say with confidence, ‘The Lord is my helper, and I will not be afraid. What can man do to me?’” —Hebrews 13:6

“Be strong and courageous! Do not fear or tremble before them, for the Lord your God is the one who is going with you. He will not fail you or abandon you!” —Deuteronomy 31:6

“When you lie down you will not be filled with fear; when you lie down your sleep will be pleasant. You will not be afraid of sudden disaster, or when destruction overtakes the wicked.” —Proverbs 3:24–25

“For the Lord God is our sovereign protector. The Lord bestows favor and honor; he withholds no good thing from those who have integrity.”
—Psalm 84:11

“I repeat, be strong and brave! Don’t be afraid and don’t panic, for I, the Lord your God, am with you in all you do.” —Joshua 1:9

“Fearing the Lord leads to life, and one who does so will live satisfied; he will not be afflicted by calamity.” —Proverbs 19:23

“Whatever you plot against the Lord, he will completely destroy! Distress will not arise a second time.” —Nahum 1:9

“When the earth and all its inhabitants dissolve in fear, I make its pillars secure.”
—Psalm 75:3

“For God did not give us a Spirit of fear but of power and love and self-control.”
—2 Timothy 1:7

Burdened

“Throw your burden upon the LORD, and he will sustain you. He will never allow the godly to be shaken.” —Psalm 55:22

“The Lord deserves praise! Day after day he carries our burden, the God who delivers us. (Selah)” —Psalm 68:19

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke on you and learn from me, because I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy to bear, and my load is not hard to carry.” —Matthew 11:28-30

“And God will exalt you in due time, if you humble yourselves under his mighty hand by casting all your cares on him because he cares for you.”
—1 Peter 5:6–7

Confused

“The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is?” —Jeremiah 17:9

“For God is not *the author* of confusion, but of peace, ...” —1 Corinthians 14:33, KJV

“But when he, the Spirit of truth, comes, he will guide you into all truth. For he will not speak on his own authority, but will speak whatever he hears, and will tell you what is to come. He will glorify me, because he will receive from me what is mine and will tell it to you.” —John 16:13–14

“Your word is a lamp to walk by, and a light to illumine my path.”
—Psalm 119:105

“Trust in the Lord with all your heart, and do not rely on your own understanding. Acknowledge him in all your ways, and he will make your paths straight.” —Proverbs 3:5–6

“‘For I know what I have planned for you,’ says the Lord. ‘I have plans to prosper you, not to harm you. I have plans to give you a future filled with hope.’” —Jeremiah 29:11

Discouraged

“My goal is that their hearts, having been knit together in love, may be encouraged, and that they may have all the riches that assurance brings in their understanding of the knowledge of the mystery of God, namely, Christ, in whom are hidden all the treasures of wisdom and knowledge.”
—Colossians 2:2–3

Distressed

“But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and will cause you to remember everything I said

to you. Peace I leave with you; my peace I give to you; I do not give it to you as the world does. Do not let your hearts be distressed or lacking in courage.”
—John 14:26–27

“I will be happy and rejoice in your faithfulness, because you notice my pain and you are aware of how distressed I am.” —Psalm 31:7

“In my distress I cried out to the LORD. The LORD answered me and put me in a wide open place.” —Psalm 118:5

“Do not let your hearts be distressed. You believe in God; believe also in me.”
—John 14:1

Doubts

“For the Lord gives wisdom, and from his mouth comes knowledge and understanding.” —Proverbs 2:6

“In the same way, the promise that I make does not return to me, having accomplished nothing. No, it is realized as I desire and is fulfilled as I intend.”
—Isaiah 55:11

“Rely on the LORD! Obey his commands! Then he will permit you to possess the land; you will see the demise of evil men.” —Psalm 37:34

“I tell you the solemn truth, the person who believes in me will perform the miraculous deeds that I am doing, and will perform greater deeds than these, because I am going to the Father.” —John 14:12

“I am able to do all things through the one who strengthens me.”
—Philippians 4:13

Guilt

“Certainly O Lord, you are kind and forgiving, and show great faithfulness to all who cry out to you.” —Psalm 86:5

“Forgive the rebellious sins of my youth; look instead through the eyes of your unfailing love, for you are merciful, O LORD.” —Psalm 25:7, NLT

“Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin. For I recognize my shameful deeds—they haunt me day and night. Against you, and you alone, have I sinned; I have done what is evil in your sight... Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. Oh, give me back my joy again; You have broken me—now let me rejoice. Don’t keep looking at my sins. Remove the stain of my guilt. Create in me a clean heart, O God. Renew a right spirit within me. Do not banish me from Your presence, and don’t take your Holy Spirit from me. Restore to me again the joy of your salvation, and make me willing to obey you.” —Psalm 51:1–13, NLT

“Oh, what joy for those whose rebellion is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the LORD has cleared of sin, whose lives are lived in complete honesty! Therefore, let all the godly confess their rebellion to you while there is time, that they may not drown in the floodwaters of judgment.” —Psalm 32:1–2, 6, NLT

Hopeless

“And hope does not disappoint, because the love of God has been poured out in our hearts through the Holy Spirit who was given to us.” —Romans 5:5

“Happy are those who have the God of Israel as their helper, whose hope is in the LORD their God. He is the one who made heaven and earth, the sea, and everything in them. He is the one who keeps every promise forever.”
—Psalm 146:5–6, NLT

Tempted

“But the Lord is faithful, and he will strengthen you and protect you from the evil one.” —2 Thessalonians 3:3

“No trial has overtaken you that is not faced by others. And God is faithful: He will not let you be tried beyond what you are able to bear, but with the trial will also provide a way out so that you may be able to endure it.”
—1 Corinthians 10:13

“Those who long to be rich, however, stumble into temptation and a trap and many senseless and harmful desires that plunge people into ruin and destruction.” —1 Timothy 6:9

“Stay awake and pray that you will not fall into temptation. The spirit is willing, but the flesh is weak.” —Matthew 26:41

Troubled

“Blessed is the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our troubles so that we may be able to comfort those experiencing any trouble with the comfort with which we ourselves are comforted by God.” —2 Corinthians 1:3–4

“Though I am surrounded by troubles, you will protect me from the anger of my enemies. You reach out your hand, and the power of your right hand saves me.” —Psalm 138:7, NLT

“Pray to me when you are in trouble! I will deliver you, and you will honor me!” —Psalm 50:15

“I have told you these things so that in me you may have peace. In the world you have trouble and suffering, but take courage—I have conquered the world.” —John 16:33

“I am leaving you with a gift (peace of mind and heart). And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.” —John 14:27, NLT

Unhappy

“Happy are people of integrity, who follow the law of the LORD. Happy are those who obey His decrees and search for Him with all their hearts. They do not compromise with evil, and they walk only in His paths. You have charged us to keep Your commandments carefully. Oh, that my actions would consistently reflect Your principles! Then I will not be disgraced when I compare my life with Your commands. When I learn Your righteous laws, I will thank You by living as I should! I will obey Your principles.” —Psalm 119:1–8, NLT

“If you obey my commandments, you will remain in my love, just as I have obeyed my Father’s commandments and remain in his love. I have told you these things so that my joy may be in you, and your joy may be complete.”
—John 15:10–11

“All who seek the LORD will praise him. Their hearts will rejoice with everlasting joy.” —Psalm 22:26, NLT

“Praise the LORD! Happy are those who fear the LORD. Yes, happy are those who delight in doing what he commands.” —Psalm 112:1, NLT

Unloved

“May your roots go down deep into the soil of God’s marvelous love. And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep his love really is. May you experience the love of Christ, though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God.”
—Ephesians 3:17–19, NLT

“For I am convinced that neither death, nor life, nor angels, nor heavenly rulers, nor things that are present, nor things to come, nor powers, nor height, nor depth, nor anything else in creation will be able to separate us from the love of God in Christ Jesus our Lord.” —Romans 8:38–39

“If we love each other, God lives in us, and his love has been brought to full expression through us.” —1 John 4:12, NLT

Worried

“Give all your worries and cares to God, for he cares about you.”
—1 Peter 5:7, NLT

“If I say, ‘My foot is slipping,’ your loyal love, O LORD, supports me. When worries threaten to overwhelm me, your soothing touch makes me happy.”
—Psalm 94:18–19

“I know the one in whom I trust, and I am sure that he is able to guard what I have entrusted to him until the day of his return.” —2 Timothy 1:12, NLT

“So then, don’t worry saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For the unconverted pursue these things, and your heavenly Father knows that you need them. But above all pursue his kingdom and righteousness, and all these things will be given to you as well. So then, do not worry about tomorrow, for tomorrow will worry about itself. Today has enough trouble of its own.” —Matthew 6:31–34

“Fear the Lord, you chosen people of his! For those who fear him lack nothing.”
—Psalm 34:9

Promises for Your Relationships

What assurances do you need for your relationship with God and family members?

Your Relationship with Father God

“The Spirit himself bears witness to our spirit that we are God’s children.”
—Romans 8:16

“Therefore, be imitators of God as dearly loved children and live in love, just as Christ also loved us and gave himself for us, a sacrificial and fragrant offering to God.” —Ephesians 5:1

“The person who has my commandments and obeys them is the one who loves me. The one who loves me will be loved by my Father, and I will love him and will reveal myself to him.” —John 14:21

“Friendship with the LORD is reserved for those who fear him. With them he shares the secrets of his covenant.” —Psalm 25:14, NLT

“But God demonstrates his own love for us, in that while we were still sinners, Christ died for us.” —Romans 5:8

“Draw near to God and he will draw near to you. Cleanse your hands, you sinners, and make your hearts pure, you double-minded.” —James 4:8

“Remain in me, and I will remain in you. Just as the branch cannot bear fruit by itself, unless it remains in the vine, so neither can you unless you remain in me. I am the vine; you are the branches. The one who remains in me—and I in him—bears much fruit, because apart from me you can accomplish nothing.”
—John 15:4–5

“My Father is honored by this, that you bear much fruit and show that you are my disciples. Just as the Father has loved me, I have also loved you; remain in my love. If you obey my commandments, you will remain in my love, just as I have obeyed my Father’s commandments and remain in his love.” —John 15:8–10

“‘My hand made them; that is how they came to be,’ says the LORD. ‘I show special favor to the humble and contrite, who respect what I have to say.’”
—Isaiah 66:2

“How precious to me are your thoughts, O God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand.”
—Psalm 139:17–18, NIV

“If you remain in me and my words remain in you, ask whatever you want, and it will be done for you.” —John 15:7

“The LORD is good to all, and has compassion on all he has made.” —Psalm 145:9

“If you then, although you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!” —Matthew 7:11

“Search me, O God, and know my heart; test me and know my thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.” —Psalm 139:23–24, NLT

“And this is the confidence that we have before him: that whenever we ask anything according to his will, he hears us. And if we know that he hears us in regard to whatever we ask, then we know that we have the requests that we have asked from him.” —1 John 5:14–15

“And you, my sheep, the sheep of my pasture, are my people, and I am your God, declares the Sovereign Lord.” —Ezekiel 34:31

“My sheep listen to my voice, and I know them, and they follow me. I give them eternal life, and they will never perish; no one will snatch them from my hand.” —John 10:27–28

“Since ancient times no one has heard or perceived, no eye has seen any God besides you, who intervenes for those who wait for him.” —Isaiah 64:4

“See what sort of love the Father has given to us: that we should be called God’s children — and indeed we are! For this reason the world does not know us: because it did not know him.” —1 John 3:1

“By this the love of God is revealed in us: that God has sent his one and only Son into the world so that we may live through him. In this is love: not that we have loved God, but that he loved us and sent his Son to be the atoning sacrifice for our sins.” —John 4:9–10

“For I am convinced that neither death, nor life, nor angels, nor heavenly rulers, nor things that are present, nor things to come, nor powers, nor height, nor depth, nor anything else in creation will be able to separate us from the love of God in Christ Jesus our Lord.” —Romans 8:38–39

“When you seek me in prayer and worship, you will find me available to you. If you seek me with all your heart and soul.” —Jeremiah 29:13

“And we have come to know and to believe the love that God has in us. God is love, and the one who resides in love resides in God, and God resides in him.” —1 John 4:16

“The person who has my commandments and obeys them is the one who loves me. The one who loves me will be loved by my Father, and I will love him and will reveal myself to him.” —John 14:21

“Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind.” —Luke 10:27

“You are good and you do good. Teach me your statutes!” —Psalm 119:68

“All generous giving and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or the slightest hint of change.” —James 1:17

“For the LORD God is our sovereign protector. The LORD bestows favor and honor; he withholds no good thing from those who have integrity.” —Psalm 84:11

“For we have all received from his fullness one gracious gift after another.” —John 1:16

“I will tell of the faithful acts of the LORD, of the LORD’s praiseworthy deeds. I will tell about all the LORD did for us, the many good things he did for the family of Israel, because of his compassion and great faithfulness.” —Isaiah 63:7

“O LORD, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my every thought when far away.” —Psalm 139:1–2, NLT

Your Relationship with Family

“For I will pour water on the parched ground and cause streams to flow on the dry land. I will pour my Spirit on your offspring and my blessing on your children. They will sprout up like a tree in the grass, like poplars beside channels of water. One will say, ‘I belong to the LORD,’ and another will use the name ‘Jacob.’ One will write on his hand, ‘The LORD’s,’ and use the name ‘Israel.’” —Isaiah 44:3–5

“If only it would really be their desire to fear me and obey all my commandments in the future, so that it may go well with them and their descendants forever.” —Deuteronomy 5:29

“Then all your children shall be taught by the LORD, and great shall be the peace of your children.” —Isaiah 54:13, ISV

“The children of your servants shall dwell secure; their offspring shall be established before you.” —Psalms 102:28

“Praise the LORD! Blessed is the man who fears the LORD, who greatly delights in his commandments! His offspring will be mighty in the land; the generation of the upright will be blessed. His descendants will be powerful on the earth; the godly will be blessed.” —Psalms 112:1–2

“I will make a permanent covenant with them. Their descendants will be known among the nations, their offspring among the peoples. All who see them will recognize that the LORD has blessed them.” —Isaiah 61:8–9

“The righteous who walks in his integrity—blessed are his children after him.” —Proverbs 20:7

“In the fear of the LORD one has strong confidence, and his children will have a refuge.” —Proverbs 14:26

“I will give them one heart and one way, that they may fear me forever, for their own good and the good of their children after them.” —Jeremiah 32:39

“And they said, ‘Believe in the Lord Jesus, and you will be saved, you and your household.’ And they spoke the word of the Lord to him and to all who were

in his house. And he took them the same hour of the night and washed their wounds; and he was baptized at once, he and all his family.” —Acts 16:31–33

“Train a child in the way that he should go, and when he is old he will not turn from it.” —Proverbs 22:6

“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” —Philippians 1:6, NIV

“Behold, children are a heritage from the LORD, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one’s youth. How joyful is the man whose quiver is full of them! He will not be put to shame when he confronts his accusers at the city gates.” —Psalm 127:3–5

Promises for Your Identity

How does God see you, and how should you alter your self-perception?

All Spiritual Blessings

“Blessed is the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms in Christ. For he chose us in Christ before the foundation of the world that we should be holy and blameless before him in love. He did this by predestining us to adoption as his legal heirs through Jesus Christ, according to the pleasure of his will to the praise of the glory of his grace that he has freely bestowed on us in his dearly loved Son. In him we have redemption through his blood, the forgiveness of our offenses, according to the riches of his grace that he lavished on us in all wisdom and insight.” —Ephesians 1:3–8

“I pray that the faith you share with us may deepen your understanding of every blessing that belongs to you in Christ.” —Philippians 1:6

A New Creation

“So then, if anyone is in Christ, he is a new creation; what is old has passed away, look what is new has come!” —2 Corinthians 5:17

Ambassadors for Christ

“And all these things are from God who reconciled us to himself through Christ, and who has given us the ministry of reconciliation. In other words, in Christ God was reconciling the world to himself, not counting people’s trespasses against them, and he has given us the message of reconciliation. Therefore, we are ambassadors for Christ, as though God were making his plea through us. We plead with you on Christ’s behalf, ‘Be reconciled to God!’ God made the one who did not know sin to be sin for us, so that in him we would become the righteousness of God.” —2 Corinthians 5:18–21

Child of God

“But to all who have received him (those who believe in his name) he has given the right to become God’s children.” —John 1:12

“The Spirit himself bears witness to our spirit that we are God’s children.”
—Romans 8:16

“In whom we have boldness and confident access to God by way of Christ’s faithfulness.” —Ephesians 3:12

“And because you are sons, God sent the Spirit of his Son into our hearts, who calls Abba! Father!” —Galatians 4:6

“See what sort of love the Father has given to us: that we should be called God’s children—and indeed we are! For this reason the world does not know us: because it did not know him.” —1 John 3:1

“Dear friends, we are God’s children now, and what we will be has not yet been revealed. We know that whenever it is revealed we will be like him, because we will see him just as he is. And everyone who has this hope focused on him purifies himself, just as Jesus is pure.” —1 John 3:2–3

“For the Lord disciplines the one he loves and chastises every son he accepts. Endure your suffering as discipline; God is treating you as sons. For what son is there that a father does not discipline? But if you do not experience discipline, something all sons have shared in, then you are illegitimate and are not sons. Besides, we have experienced discipline from our earthly fathers and we respected them; shall we not submit ourselves all the more to the Father of spirits and receive life? For they disciplined us for a little while as seemed good to them, but he does so for our benefit, that we may share his holiness. Now all discipline seems painful at the time, not joyful. But later it produces the fruit of peace and righteousness for those trained by it.”
—Hebrews 12:6–11

Chosen and Set Apart

“You did not choose me, but I chose you and appointed you to go and bear fruit, fruit that remains, so that whatever you ask the Father in my name he will give you. This I command you to love one another.” —John 15:16–17

“You must be holy to me because I, the LORD, am holy, and I have set you apart from the other peoples to be mine.” —Leviticus 20:26

Citizen of God's Kingdom

"But our citizenship is in heaven and we also eagerly await a savior from there, the Lord Jesus Christ." —Philippians 3:20

"Giving thanks to the Father who has qualified you to share in the saints' inheritance in the light. He delivered us from the power of darkness and transferred us to the kingdom of the Son he loves." —Colossians 1:12-13

"But you are a chosen race, a royal priesthood, a holy nation, a people of his own, so that you may proclaim the virtues of the one who called you out of darkness into his marvelous light." —1 Peter 2:9

"You have appointed them as a kingdom and priests to serve our God, and they will reign on the earth." —Revelation 5:10

Created for Fruitfulness

"For we are his creative work, having been created in Christ Jesus for good works that God prepared beforehand so we can do them." —Ephesians 2:10

Friend of Christ

"I no longer call you slaves, because the slave does not understand what his master is doing. But I have called you friends, because I have revealed to you everything I heard from my Father." —John 15:15

Heirs with Christ

"Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he gave us new birth into a living hope through the resurrection of Jesus Christ from the dead, that is, into an inheritance imperishable, undefiled, and unfading. It is reserved in heaven for you, who by God's power are protected through faith for a salvation ready to be revealed in the last time."
—1 Peter 1:3-5

"And if children, then heirs (namely, heirs of God and also fellow heirs with Christ) if indeed we suffer with him so we may also be glorified with him."
—Romans 8:17

Holy Priesthood

“But you are a chosen race, a royal priesthood, a holy nation, a people of his own, so that you may proclaim the virtues of the one who called you out of darkness into his marvelous light.” —1 Peter 2:9

“So as you come to him a living stone rejected by men but chosen and priceless in God’s sight, you yourselves, as living stones are built up as a spiritual house to be holy priesthood and to offer spiritual sacrifices that are acceptable to God through Jesus Christ.” —1 Peter 2:4–5

Light of the World

“You are the light of the world. A city located on a hill cannot be hidden. People do not light a lamp and put it under a basket but on a lampstand, and it gives light to all in the house. In the same way, let your light shine before people, so that they can see your good deeds and give honor to your Father in heaven.” —Matthew 5:14–16

Member of the Body of Christ

“Now you are Christ’s body, and each of you is a member of it.”
—1 Corinthians 12:27

“So then you are no longer foreigners and noncitizens, but you are fellow citizens with the saints and members of God’s household.” —Ephesians 2:19

“But practicing the truth in love, we will in all things grow up into Christ, who is the head. From him the whole body grows, fitted and held together through every supporting ligament. As each one does its part, the body builds itself up in love.” —Ephesians 4:15–16

“For just as the body is one and yet has many members, and all the members of the body (though many are one body) so too is Christ. For in one Spirit we were all baptized into one body. Whether Jews or Greeks or slaves or free, we were all made to drink of the one Spirit.” —1 Corinthians 12:12–13

“For just as in one body we have many members, and not all the members serve the same function, so we who are many are one body in Christ, and individually we are members who belong to one another.” —Romans 12:4–5

New Birth and New Heart

“By his sovereign plan he gave us birth through the message of truth, that we would be a kind of first-fruits of all he created.” —James 1:18

“I will sprinkle you with pure water and you will be clean from all your impurities. I will purify you from all your idols. I will give you a new heart, and I will put a new spirit within you. I will remove the heart of stone from your body and give you a heart of flesh. I will put my Spirit within you; I will take the initiative and you will obey my statutes and carefully observe my regulations.” —Ezekiel 36:25–27

“Because those whom he foreknew he also predestined to be conformed to the image of his Son, that his Son would be the firstborn among many brothers and sisters.” —Romans 8:29

Raised Up and Seated with Christ

“And he raised us up together with him and seated us together with him in the heavenly realms in Christ Jesus.” —Ephesians 2:6

“Therefore, if you have been raised with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Keep thinking about things above, not things on the earth, for you have died and your life is hidden with Christ in God. When Christ (who is your life) appears, then you too will be revealed in glory with him.” —Colossians 3:1–4

Saint with a New Nature

“Give greetings to all the saints in Christ Jesus.” —Philippians 4:21

“And even though you were dead in your transgressions and in the uncircumcision of your flesh, he nevertheless made you alive with him, having forgiven all your transgressions.” —Colossians 2:13

“Now may the God of peace himself make you completely holy and may your spirit and soul and body be kept entirely blameless at the coming of our Lord Jesus Christ. He who calls you is trustworthy, and he will in fact do this.”
—1 Thessalonians 5:23–24

Sealed by the Spirit

“But it is God who establishes us together with you in Christ and who anointed us, who also sealed us and gave us the Spirit in our hearts as a down payment.”
—2 Corinthians 1:21–22

Set Free from Sin and Fear

“But now, freed from sin and enslaved to God, you have your benefit leading to sanctification, and the end is eternal life.” —Romans 6:22

“For you have died and your life is hidden with Christ in God.”
—Colossians 3:3

“Therefore, since the children share in flesh and blood, he likewise shared in their humanity, so that through death he could destroy the one who holds the power of death (that is, the devil), and set free those who were held in slavery all their lives by their fear of death.” —Hebrews 2:14–15

“There is therefore now no condemnation for those who are in Christ Jesus.”
—Romans 8:1

“Therefore, since we have been declared righteous by faith, we have peace with God through our Lord Jesus Christ.” —Romans 5:1

“For God did not give us a Spirit of fear but of power and love and self-control.”
—2 Timothy 1:7

Temple of the Holy Spirit

“Do you not know that you are God’s temple and that God’s Spirit lives in you?”
—1 Corinthians 3:16

“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price. Therefore glorify God with your body.” —1 Corinthians 6:19–20

“Then I will ask the Father, and he will give you another Advocate to be with you forever— the Spirit of truth, whom the world cannot accept, because it does not see him or know him. But you know him, because he resides with you and will be in you.” —John 14:16–17

Promises for Your Future

What is God saying about things ahead for you?

Eternal Life

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.” —John 3:16, NIV

“For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.” —Romans 6:23, NLT

“And this is the testimony: God has given us eternal life, and this life is in his Son.” —1 John 5:11

“Jesus said to her, ‘I am the resurrection and the life. The one who believes in me will live, even though they die.’” —John 11:25

“I tell you the solemn truth, the one who hears my message and believes the one who sent me has eternal life and will not be condemned, but has crossed over from death to life.” —John 5:24

“For everyone who calls on the name of the Lord will be saved.” —Romans 10:13

“The one who believes in the Son has eternal life. The one who rejects the Son will not see life, but God’s wrath remains on him.” —John 3:36

“And these will depart into eternal punishment, but the righteous into eternal life.” —Matthew 25:46

“Now this is eternal life—that they know you, the only true God, and Jesus Christ, whom you sent.” —John 17:3

Fruitfulness

“You did not choose me, but I chose you and appointed you to go and bear fruit, fruit that remains, so that whatever you ask the Father in my name he will give you.” —John 15:16

Heaven

“But as it is, they aspire to a better land, that is, a heavenly one. Therefore, God is not ashamed to be called their God, for he has prepared a city for them.”

—Hebrews 11:16

“And I heard a loud voice from the throne saying: ‘Look! The residence of God is among human beings. He will live among them, and they will be his people, and God himself will be with them. He will wipe away every tear from their eyes, and death will not exist any more—or mourning, or crying, or pain, for the former things have ceased to exist.’” —Revelation 21:3–4

“And there will no longer be any curse, and the throne of God and the Lamb will be in the city. His servants will worship him, and they will see his face, and his name will be on their foreheads. Night will be no more, and they will not need the light of a lamp or the light of the sun, because the Lord God will shine on them, and they will reign forever and ever.” —Revelation 22:3–5

“After these things I looked, and here was an enormous crowd that no one could count, made up of persons from every nation, tribe, people, and language, standing before the throne and before the Lamb dressed in long white robes, and with palm branches in their hands. They were shouting out in a loud voice, ‘Salvation belongs to our God, who is seated on the throne, and to the Lamb!’” —Revelation 7:9–11

Inheritance

“And now I entrust you to God and to the message of his grace. This message is able to build you up and give you an inheritance among all those who are sanctified.” —Acts 20:32

“For he chose us in Christ before the foundation of the world that we should be holy and blameless before him in love. He did this by predestining us to adoption as his legal heirs through Jesus Christ, according to the pleasure of his will.” —Ephesians 1:4–5

“And when you heard the word of truth (the gospel of your salvation) when you believed in Christ—you were marked with the seal of the promised Holy Spirit, who is the down payment of our inheritance, until the redemption of God’s own possession, to the praise of his glory.” —Ephesians 1:13–14

“Now the works of the flesh are obvious: sexual immorality, impurity, depravity, idolatry, sorcery, hostilities, strife, jealousy, outbursts of anger, selfish rivalries, dissensions, factions, envying, murder, drunkenness, carousing, and similar things. I am warning you, as I had warned you before: Those who practice such things will not inherit the kingdom of God!”
—Galatians 5:19–21

“For you can be confident of this one thing: that no person who is immoral, impure, or greedy (such a person is an idolater) has any inheritance in the kingdom of Christ and God.” —Ephesians 5:5

Kingdom of Heaven

“Blessed are the poor in spirit, for the kingdom of heaven belongs to them.”
—Matthew 5:3

Radiance

“But the wise will shine like the brightness of the heavenly expanse. And those bringing many to righteousness will be like the stars forever and ever.”
—Daniel 12:3

“Then the righteous will shine like the sun in the kingdom of their Father.”
—Matthew 13:43

Revelation

“But just as it is written, ‘Things that no eye has seen, or ear heard, or mind imagined, are the things God has prepared for those who love him.’ God has revealed these to us by the Spirit. For the Spirit searches all things, even the deep things of God.” —1 Corinthians 2:9–10

Rewards

“Now without faith it is impossible to please him, for the one who approaches God must believe that he exists and that he rewards those who seek him.”
—Hebrews 11:6

“And if you give even a cup of cold water to one of the least of my followers, you will surely be rewarded.”—Matthew 10:42, NLT

“Who then is the faithful and wise slave, whom the master has put in charge of his household, to give the other slaves their food at the proper time? Blessed is that slave whom the master finds at work when he comes. I tell you the truth, the master will put him in charge of all his possessions.”
—Matthew 24:45–47

Seeing God

“Blessed are the pure in heart, for they will see God.” —Matthew 5:8

Sowing and Reaping

“Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit.” —Galatians 6:8, NLT

Transformation

“Now the Lord is the Spirit, and where the Spirit of the Lord is present, there is freedom. And we all, with unveiled faces reflecting the glory of the Lord, are being transformed into the same image from one degree of glory to another, which is from the Lord, who is the Spirit.” —2 Corinthians 3:17–18

Triumph

“But thanks be to God who always leads us in triumphal procession in Christ and who makes known through us the fragrance that consists of the knowledge of him in every place.” —2 Corinthians 2:14

“For this is the love of God: that we keep his commandments. And his commandments do not weigh us down, because everyone who has been fathered by God conquers the world. This is the conquering power that has conquered the world: our faith.” —1 John 5:4

“And to the one who conquers and who continues in my deeds until the end, I will give him authority over the nations.” —Revelation 2:26

Unashamed

“For the scripture says, ‘Everyone who believes in him will not be put to shame.’”
—Romans 10:11

Promises About God's Character

What does God say about himself and the guarantee of his promises?

All-Knowing

"How great is our Lord! ... his understanding is beyond comprehension!"
—Psalm 147:5, NLT

"[God] founded the world by his wisdom and stretched out the heavens by his understanding." —Jeremiah 10:12, NLT

"I am God, and there is no one else like Me. Only I can tell you what is going to happen even before it happens. Everything I plan will come to pass, for I do whatever I wish." —Isaiah 46:9–10, NLT

"Let the name of God be praised forever and ever, for wisdom and power belong to him. He changes times and seasons, deposing some kings and establishing others. He gives wisdom to the wise; he imparts knowledge to those with understanding; he reveals deep and hidden things. He knows what is in the darkness, and light resides with him." —Daniel 2:20–22

"Oh, what a wonderful God we have! How great are his riches and wisdom and knowledge! How impossible it is for us to understand his decisions and his methods! For who can know what the Lord is thinking? Who knows enough to be his counselor? And who could ever give him so much that he would have to pay it back?" —Romans 11:33–35, NLT

"In [Christ] lie hidden all the treasures of wisdom and knowledge."
—Colossians 2:3, NLT

All-Powerful

"O Sovereign LORD! You have made the heavens and earth by Your great power. Nothing is too hard for You!" —Jeremiah 32:17

"The LORD merely spoke, and the heavens were created. He breathed the word, and all the stars were born. He gave the sea its boundaries and locked the oceans in vast reservoirs. Let everyone in the world fear the LORD, and let everyone stand in awe of him. For when he spoke, the world began! It appeared at his command..." —Psalm 33:6–9, NLT

“God stretches the northern sky over empty space and hangs the earth on nothing... He created the horizon when he separated the waters; he set the boundaries for day and night. The foundations of heaven tremble at his rebuke. By his power the sea grew calm... and his power pierced the gliding serpent. These some of the minor things he does, merely a whisper of his power. Who can understand the thunder of his power?” —Job 26:7–14, NLT

“Great is the Lord! He is most worthy of praise! His greatness is beyond discovery! Let each generation tell its children of your mighty acts. I will meditate on your majestic, glorious splendor and your wonderful miracles. Your awe-inspiring deeds will be on every tongue; I will proclaim your greatness.” —Psalm 145:3–6, NLT

“LORD, there is no one like you! For you are great, and your name is full of power.” —Jeremiah 10:6, NLT

“For everything comes from him; everything exists by his power and is intended for his glory. To him be glory evermore. Amen.”
—Romans 11:36, NLT

“The Lord is slow to anger but great in power; the Lord will certainly not allow the wicked to go unpunished. He marches out in the whirlwind and the raging storm; dark storm clouds billow like dust under his feet.”
—Nahum 1:3

“But we have this treasure in clay jars, so that the extraordinary power belongs to God and does not come from us.” —2 Corinthians 4:7

“For nothing will be impossible with God.” —Luke 1:37

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”
—Ephesians 3:20–21, NIV

Deliverer

“God deserves praise! He is our God! He delivers us. The Lord, the sovereign God, can rescue us from death.” —Psalm 68:20

“He delivered us from the power of darkness and transferred us to the kingdom of the Son he loves.” —Colossians 1:13

“The name of the LORD is like a strong tower; the righteous person runs to it and is set safely on high.” —Proverbs 18:10

“I will deliver you from the power of the wicked. I will free you from the clutches of violent people.” —Jeremiah 15:21

“But God has been my king from ancient times, performing acts of deliverance on the earth.” —Psalm 74:12

Ever-Present

“The LORD looks down from heaven and sees the whole human race. From his throne he observes all who live on the earth.” —Psalm 33:13–14, NLT

“Nothing in all creation can hide from him. Everything is naked and exposed before his eyes.” —Hebrews 4:13, NLT

“He sees everything I do and every step I take.” —Job 31:4, NLT

“Where can I go to escape your Spirit? Where can I flee to escape your presence? If I were to ascend to heaven, you would be there. If I were to sprawl out in Sheol, there you would be. If I were to fly away on the wings of the dawn, and settle down on the other side of the sea, even there your hand would guide me, your right hand would grab hold of me.”
—Psalm 139:7–10

“The LORD your God is with you wherever you go.” —Joshua 1:9, NLT

“And remember, I am with you always, to the end of the age.”
—Matthew 28:20b

Faithful

“O LORD God Almighty! Where is there anyone as mighty as you, LORD? Faithfulness is your very character.” —Psalm 89:8, NLT

“Forever, O LORD, your word stands firm in heaven. Your faithfulness extends to every generation, as enduring as the earth you created. Your laws remain true today, for everything serves your plans.” —Psalm 119:89–91, NLT

“I bow before your holy Temple as I worship. I will give thanks to your name for your unfailing love and faithfulness, because your promises are backed by all the honor of your name.” —Psalm 138:2, NLT

“I will sing of the tender mercies of the LORD forever! Young and old will hear of your faithfulness. Your unfailing love will last forever. Your faithfulness is as enduring as the heavens. All heaven will praise your miracles, LORD; myriads of angels will praise you for your faithfulness. For who in all of heaven can compare with the LORD?” —Psalm 89:1–2, 5–6, NLT

“Understand, therefore, that the LORD your God is indeed God. He is the faithful God who keeps his covenant for a thousand generations and constantly loves those who love him and obey his commands.”
—Deuteronomy 7:9, NLT

“The unfailing love of the LORD never ends! By his mercies we have been kept from complete destruction. Great is his faithfulness; his mercies begin afresh each day.” —Lamentations 3:22–23, NLT

“Without wavering, let us hold tightly to the hope we say we have, for God can be trusted to keep his promise.” —Hebrews 10:23, NLT

“If we are unfaithful, he remains faithful, for he cannot deny himself.”
—2 Timothy 2:13, NLT

“If we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.” —1 John 1:9, NLT

Good

“The LORD is good to all, and has compassion on all he has made.”
—Psalm 145:9

“Praise the LORD, O my soul! Do not forget all his kind deeds! He is the one who forgives all your sins, who heals all your diseases, who delivers your life from the Pit, who crowns you with his loyal love and compassion, who

satisfies your life with good things, so your youth is renewed like an eagle's."
—Psalm 103:2–5

"So that you may be like your Father in heaven, since he causes the sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous."
—Matthew 5:45

"The Lord is good—indeed, he is a fortress in time of distress." —Nahum 1:7

Guide

"I will lead the blind along an unfamiliar way; I will guide them down paths they have never traveled. I will turn the darkness in front of them into light, and level out the rough ground. This is what I will do for them. I will not abandon them." —Isaiah 42:16

"You will hear a word spoken behind you, saying, 'This is the correct way, walk in it,' whether you are heading to the right or the left." —Isaiah 30:21

"The LORD will continually lead you; he will feed you even in parched regions. He will give you renewed strength, and you will be like a well-watered garden, like a spring that continually produces water." —Isaiah 58:11

"But when he, the Spirit of truth, comes, he will guide you into all truth. For he will not speak on his own authority, but will speak whatever he hears, and will tell you what is to come." —John 16:13

Holy

"Who else among the gods is like you, O LORD? Who is glorious in holiness like you—so awesome in splendor, performing such wonders?"
—Exodus 15:11, NLT

"No one is holy like the LORD!" —1 Samuel 2:2, NLT

"God is light and there is no darkness in him at all." —1 John 1:5, NLT

"Holy, holy, holy is the Lord God Almighty—the one who always was, who is, and who is still to come." —Revelation 4:8, NLT

“Bless his glorious name forever! Let the whole earth be filled with his glory. Amen and amen!” —Psalm 72:19, NLT

Just

“Your throne, O God, endures forever and ever. Your royal power is expressed in justice. You love what is right and hate what is wrong.” —Psalm 45:6–7, NLT

“Mighty king, lover of justice, you have established fairness.” —Psalm 99:4, NLT

“You are just, and you examine the deepest thoughts of hearts and minds.” —Jeremiah 11:20, NLT

“God is the Rock; his work is perfect. Everything he does is just and fair.” —Deuteronomy 32:4, NLT

“The Lord knows how to rescue godly people from their trials, even while punishing the wicked right up until the day of judgment.” —2 Peter 2:9, NLT

“God is a judge who is perfectly fair. He is angry with the wicked every day. If a person does not repent, God will sharpen his sword; He will bend and string his bow. He will prepare his deadly weapons and ignite his flaming arrows.” —Psalm 7:11–13, NLT

“He will pour out his anger and wrath on those who live for themselves, who refuse to obey the truth and practice evil deeds.” —Romans 2:8, NLT

“For the LORD is coming! He is coming to judge the earth. He will judge the world with righteousness and all the nations with his truth.” —Psalm 96:13, NLT

“For we must all stand before Christ to be judged. We will each receive whatever we deserve for the good or evil we have done in our bodies.” —2 Corinthians 5:10, NLT

“When the Lord comes, he will bring our deepest secrets to light and will reveal our private motives. And then God will give to everyone whatever praise is due.” —1 Corinthians 4:5, NLT

Loving

“God is love. God showed how much he loved us by sending his only Son into the world so that we might have eternal life through him. This is real love. It is not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins.” —1 John 4:8–10, NLT

“How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!” —1 John 3:1, NIV

“How precious is your unfailing love, O God! All humanity finds shelter in the shadow of your wings.” —Psalm 36:7, NLT

“Can anything ever separate us from Christ’s love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or are hungry or cold or in danger or threatened with death? ‘No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from his love. Death can’t, and life can’t. The angels can’t, and the demons can’t. Our fears for today, our worries about tomorrow, and even the powers of hell can’t keep God’s love away. Whether we are high above the sky or in the deepest ocean, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.’” —Romans 8:35, 37–39, NLT

“Who is a God like you? Who forgives sin and pardons the rebellion of those who remain among his people? Who does not stay angry forever, but delights in showing loyal love?” —Micah 7:18

“The love of the LORD remains forever with those who fear him. His salvation extends to the children’s children.” —Psalm 103:17, NLT

Merciful

“The LORD is kind and merciful, slow to get angry, full of unfailing love. The LORD is good to everyone. He showers compassion on all his creation.” —Psalm 145:8–9, NLT

“God is so rich in mercy, and he loved us so very much, that even while we were dead because of our sins, he gave us life when he raised Christ from the dead.” —Ephesians 2:4–5, NLT

“He saved us, not because of the good things we did, but because of his mercy. He washed away our sins and gave us a new life through the Holy Spirit. He generously poured out the Spirit upon us because of what Jesus Christ our Savior did. He declared us not guilty because of his great kindness. And now we know that we will inherit eternal life.” —Titus 3:4–7, NLT

“Where is another God like you, who pardons the sins of the survivors among his people? You cannot stay angry with your people forever, because you delight in showing mercy.” —Micah 7:18, NLT

“LORD, if you kept a record of our sins, who, O Lord, could ever survive? But you offer forgiveness, that we might learn to fear you.” —Psalm 130:3–4, NLT

“The LORD is slow to anger and rich in unfailing love, forgiving every kind of sin and rebellion.” —Numbers 14:18, NLT

“So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it.”
—Hebrews 4:16, NLT

Provider

“Command those who are rich in this world’s goods not to be haughty or to set their hope on riches, which are uncertain, but on God who richly provides us with all things for our enjoyment.” —1 Timothy 6:17

“The wild animals honor me, the jackals and ostriches, because I put water in the wilderness and streams in the wastelands, to quench the thirst of my chosen people, the people whom I formed for myself, so they might praise me.” —Isaiah 43:20–21

“Everything looks to you in anticipation, and you provide them with food on a regular basis. You open your hand, and fill every living thing with the food it desires.” —Psalm 145:15–16

“And my God will supply your every need according to his glorious riches in Christ Jesus.” —Philippians 4:19

Righteous

“The LORD is righteous in everything he does.” —Psalm 145:17, NLT

“Righteousness and justice are the foundation of his throne.”
—Psalm 97:2, NLT

“Everything he does is just and fair. He is a faithful God who does no wrong; how just and upright he is!” —Deuteronomy 32:4, NLT

“He loves whatever is just and good, and his unfailing love fills the earth.”
—Psalm 33:5, NLT

“For the LORD is righteous, and he loves justice. Those who do what is right will see his face.” —Psalm 11:7, NLT

Self-Sufficient

“The God who made the world and everything in it, who is Lord of heaven and earth, does not live in temples made by human hands, nor is he served by human hands, as if he needed anything, because he himself gives life and breath and everything to everyone.” —Acts 17:24–25

Sovereign

“Oh, Sovereign LORD, you did indeed make heaven and earth by your mighty power and great strength. Nothing is too hard for you!” —Jeremiah 32:17

“If God were to take back his spirit and withdraw his breath, all life would cease, and humanity would turn again to dust.” —Job 34:14–15, NLT

“O Sovereign LORD, I am your servant. You have only begun to show me your greatness and power. Is there any god in heaven or on earth who can perform such great deeds as yours?” —Deuteronomy 3:24, NLT

“How great you are, O Sovereign LORD! There is no one like you—there is no other God.” —2 Samuel 7:22, NLT

“Yours, O LORD, is the greatness, the power, the glory, the victory, and the majesty. Everything in the heavens and on earth is yours, O LORD, and this is your kingdom. We adore you as the one who is over all things. Riches and honor come from you alone, for you rule over everything. Power and might are in your hand, and it is at your discretion that people are made great and given strength.” —1 Chronicles 29:11–12, NLT

“O LORD God of our ancestors, you are the God who lives in heaven and rules over all the kingdoms of the nations. You possess strength and power; no one can stand against you.” —2 Chronicles 20:6

“The Lord has established his throne in heaven; his kingdom extends over everything.” —Psalm 103:19

“For God is the King over all the earth. God reigns above the nations, sitting on his holy throne.” —Psalm 47:7–8, NLT

“The LORD does whatever pleases him throughout all heaven and earth.” —Psalm 135:6, NLT

“The heavens belong to the LORD, but he has given the earth to all humanity.” —Psalm 115:16, NLT

“By me kings reign, and by me potentates decree righteousness; by me princes rule, as well as nobles and all righteous judges. I will love those who love me, and those who seek me diligently will find me.” —Proverbs 8:15–17

“All the inhabitants of the earth are regarded as nothing. He does as he wishes with the army of heaven and with those who inhabit the earth. No one slaps his hand and says to him, ‘What have you done?’” —Daniel 4:35

“When the earth and all its inhabitants dissolve in fear, I make its pillars secure.” —Psalm 75:3

“The LORD brings both death and life; He brings some down to the grave but raises others up. The LORD makes one poor and another rich.” —1 Samuel 2:6–7, NLT

“He is our father in the presence of God whom he believed—the God who makes the dead alive and summons the things that do not yet exist as though they already do.” —Romans 4:17

“He lifts the weak from the dust; he raises the poor from the ash heap to seat them with princes—he bestows on them an honored position. The foundations of the earth belong to the Lord—he placed the world on them.” —1 Samuel 2:8

“For no one can eat and drink or experience joy apart from him. For to the one who pleases him, God gives wisdom, knowledge, and joy, but to the sinner, he gives the task of amassing wealth—only to give it to the one who pleases God...” —Ecclesiastes 2:25–26

“He directs the snow to fall on the earth and tells the rain to pour down... God’s breath sends the ice, freezing wide expanses of water. He loads the clouds with moisture, and they flash with his lightning. The clouds turn around and around under his direction. They do whatever he commands throughout the earth. He causes things to happen on earth, either as a punishment or as a sign of his unfailing love.” —Job 37:6–13, NLT

“But as a matter of fact, God has placed each of the members in the body just as he decided.” —1 Corinthians 12:18

“God causes everything to work together for the good of those who love God and are called according to his purpose for them” —Romans 8:28, NLT

“The LORD Almighty has sworn this oath: ‘It will all happen as I have planned. It will come about according to my purposes.’” —Isaiah 14:24, NLT

“The LORD Almighty has spoken—who can change his plans? When his hand moves, who can stop him?” —Isaiah 14:27, NLT

“Christ is the visible image of the invisible God. He existed before God made anything at all and is supreme over all creation. Everything has been created through him and for him.” —Colossians 1:15–16, NLT

“... He sustains the universe by the mighty power of his command...”
—Hebrews 1:3, NLT

“... [Jesus] holds all creation together.” —Colossians 1:17, NLT

“At the name of Jesus every knee will bow, in heaven and on earth and under the earth, and every tongue will confess that Jesus Christ is Lord.”
—Philippians 2:10–11, NLT

“The LORD will reign forever and ever!” —Exodus 15:18, NLT

Sustainer

“For in him we live and move about and exist.” —Acts 17:28

“Yet for us there is one God, the Father, from whom are all things and for whom we live, and one Lord, Jesus Christ, through whom are all things and through whom we live.” —1 Corinthians 8:6

“Certainly the Lord watches the whole earth carefully and is ready to strengthen those who are devoted to him.” —2 Chronicles 16:9

“Who are you to pass judgment on another’s servant? Before his own master he stands or falls. And he will stand, for the Lord is able to make him stand.”
—Romans 14:4

“Now to the one who is able to keep you from falling, and to cause you to stand, rejoicing, without blemish before his glorious presence.” —Jude 1:24

Truthful

“I, the LORD, speak only what is true and right.” —Isaiah 45:19, NLT

“You are God, O Sovereign LORD. Your words are truth.” —2 Samuel 7:28, NLT

“Every word of God proves true.” —Proverbs 30:5, NLT

“God is not a man, that he should lie. He is not a human, that he should change his mind. Has he ever spoken and failed to act? Has he ever promised and not carried it through?” —Numbers 23:19, NLT

“It is impossible for God to lie. Therefore, we who have fled to him for refuge can take new courage, for we can hold on to his promise with confidence.”
—Hebrews 6:18, NLT

“The law of the LORD is perfect, reviving the soul. The decrees of the LORD are trustworthy, making wise the simple. The commandments of the LORD are right, bringing joy to the heart. The commands of the LORD are clear, giving insight to life. Reverence for the LORD is pure, lasting forever. The laws of the LORD are true; each one is fair. They are more desirable than gold, even the finest gold. They are sweeter than honey, even honey dripping from the comb.” —Psalm 19:7–10, NLT

“The LORD’s promises are pure, like silver refined in a furnace, purified seven times over.” —Psalm 12:6, NLT

“Your decrees are perfect; they are entirely worthy of our trust.”
—Psalm 119:138, NLT

“In the same way, the promise that I make does not return to me, having accomplished nothing. No, it is realized as I desire and is fulfilled as I intend.”
—Isaiah 55:11

“Jesus said, “I am the way, the truth, and the life...” —John 14:6, NLT

“I have known from my earliest days that your decrees never change.”
—Psalm 119:152, NLT

“I came to bring truth to the world. All who love the truth recognize that what I say is true.” —John 18:37, NLT

“And I will ask the Father, and he will give you another Counselor, who will never leave you. He is the Holy Spirit, who leads into all truth.”
—John 14:16–17, NLT

“Heaven and earth will pass away, but my words will never pass away.”
—Mark 13:31

Unchanging

“Jesus Christ is the same yesterday, today, and forever.” —Hebrews 13:8, NLT

“I am the LORD, and I do not change.” —Malachi 3:6, NLT

“I am the Alpha and the Omega—the beginning and the end, I am the one who is, who always was, and who is still to come, the Almighty One.”
—Revelation 1:8, NLT

“I am the first and I am the last; apart from Me there is no God.”
—Isaiah 44:6, NIV

“Who has done such mighty deeds, directing the affairs of the human race as each new generation marches by? It is I, the LORD, the First and the Last. I alone am He.” —Isaiah 41:4, NLT

“Heaven and earth will disappear, but my words will remain forever.”
—Matthew 24:35, NLT

“In ages past you laid the foundation of the earth, and the heavens are the work of your hands. Even they will perish, but you remain forever; they will wear out like old clothing. You will change them like a garment, and they will fade away. But you are always the same; your years never end.”
—Psalm 102:25–27, NLT

“The LORD’s plans stand firm forever; his intentions can never be shaken.”
—Psalm 33:11, NLT

“The grass withers, and the flowers fade, but the word of our God stands forever.”
—Isaiah 40:8

“Though a thousand generations pass, he never forgets his promise.”
—Psalm 105:8, TLB

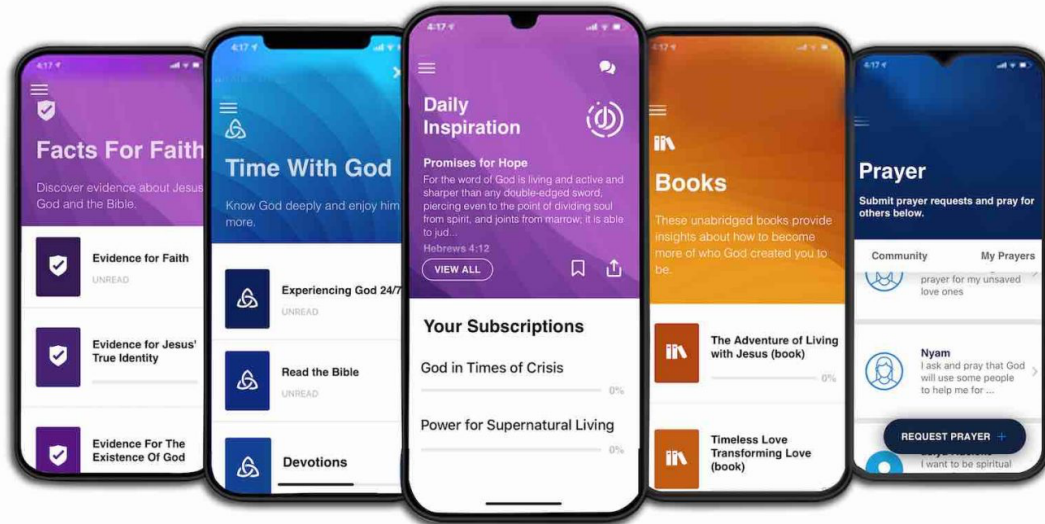
“That is what God is like. He is our God forever and ever, and he will be our guide until we die.” —Psalm 48:14, NLT

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